

Betta Days provides counselling to children and young people who have experienced trauma. We offer interactive, engaging and age-appropriate interventions while working in partnership with parents/carers.

Treatment goals:

- Reduce child and young person's negative emotional and behavioural responses to the trauma.
- Correct child or young person's unhelpful beliefs in relation to the trauma e.g. "It was my fault".
- Provide support and skills to the parent/carer.

IS THIS A SUITABLE REFERRAL?

LEGAL GUARDIAN/S consent to referral	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Child/young person's referral is a consequence of a major life stressor, change or trauma	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Parent/carers are willing and able to attend centre-based appointments	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Child/Young person being referred

Date of referral:

First name:		Middle name:	
Surname:		Gender:	
Date of birth:		Country of birth:	
Cultural identity:		Language/s spoken:	

Primary Caregiver Contact Details

First name:		Surname:	
Date of birth:		Country of birth:	
Cultural identity:		Language/s spoken:	
Address:			
Email:			
Contact Number:			

Child Behaviour/Emotional Concerns

Eg: Family/siblings, parent-child relationships, excessive fear and worry, school engagement, etc

Please provide details.

Current services the child is engaged with (e.g. Allied Health Services, Therapists, NDIS, School Principal, Class Teacher, Wellbeing Co-ordinator, etc.)

Name	Relationship	Contact (email & phone)

Referring Person

Name:	
Contact Number:	
Email:	

Thank you for taking the time to complete our referral form.

Please email to :

admin@bettadays.com.au